Mirchandani Technologies

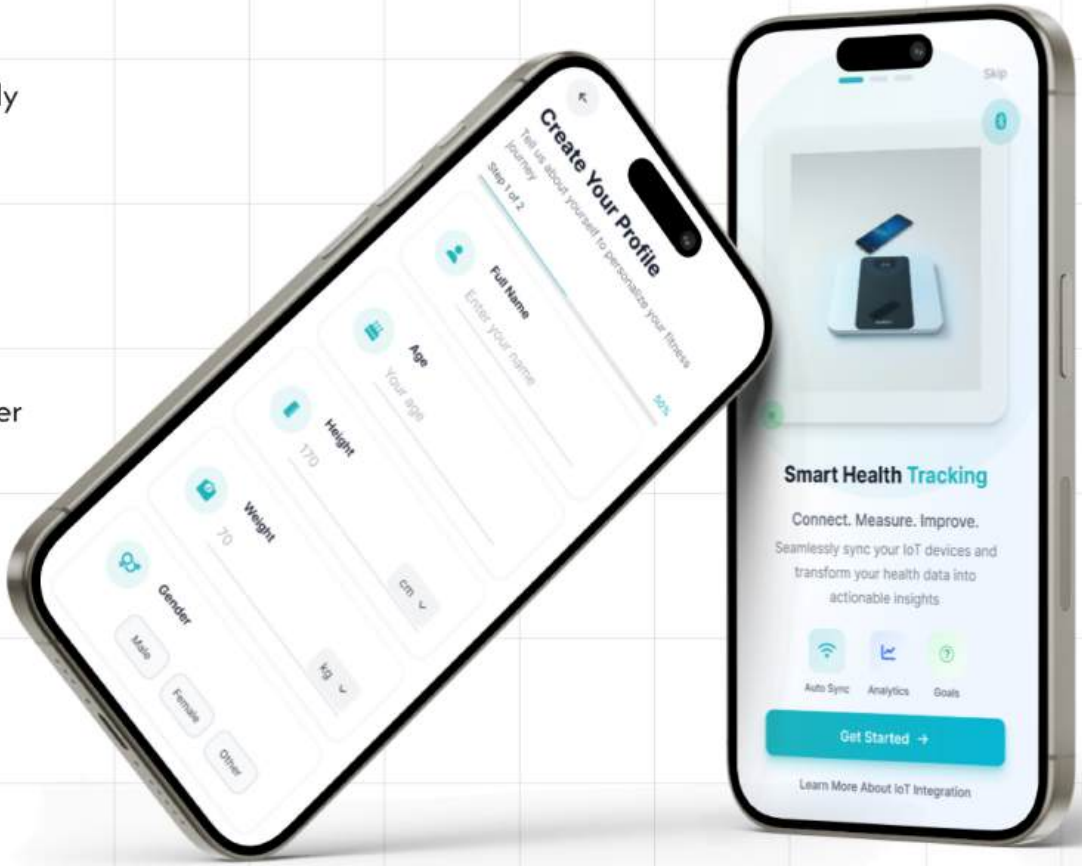
# Smart Health Mobile App

# Smart Health Solution

Mirchandani Technologies has developed a comprehensive health and fitness solution that leverages IoT connectivity and BLE technology. This innovative project includes a user-friendly mobile application enabling seamless registration, manual profile setup, and instructional guidance for accurate measurements.

With Bluetooth connectivity to specialized Body Fat Scales, users can effortlessly import precise data, leading to advanced calculations for body metrics such as BMI, muscle mass, and more. The app also features goal setting, progress tracking, and social media sharing, offering users a holistic fitness experience. Hiteshi Infotech's approach combines cutting-edge technology with user-centric design, enhancing the overall health monitoring and goal achievement for individuals.

The project involves a comprehensive mobile application designed for user registration and login, individual profile setup, instructional guidance for accurate measurements, Bluetooth connectivity with specialized equipment, and advanced calculators for body metrics.



# Features and Functionalities

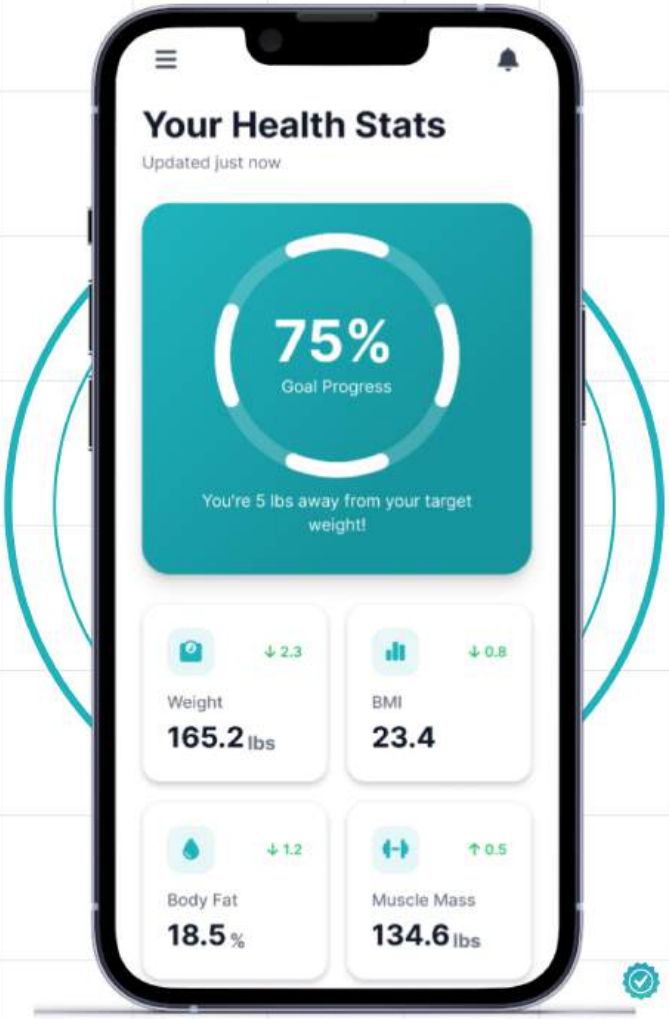
**Instructional Video/Images:** Measurement guidance via diagrams or videos, Digital image option.

**Individual Profile:** Name, Picture, Age, Body Metrics, Goal, Historical and Trend Data.

**Bluetooth Connectivity:** Connects with Body Fat Scale, imports data to the app.

**Body Metrics Calculators:** Weight, BMI, BFR, Muscle, Moisture, Bone Mass, BMR, etc.

**Social Media Sharing:** Share improvement data on Facebook, Instagram, etc.




**Data Management:** Google fit synchronization, backup & store, delete all data.

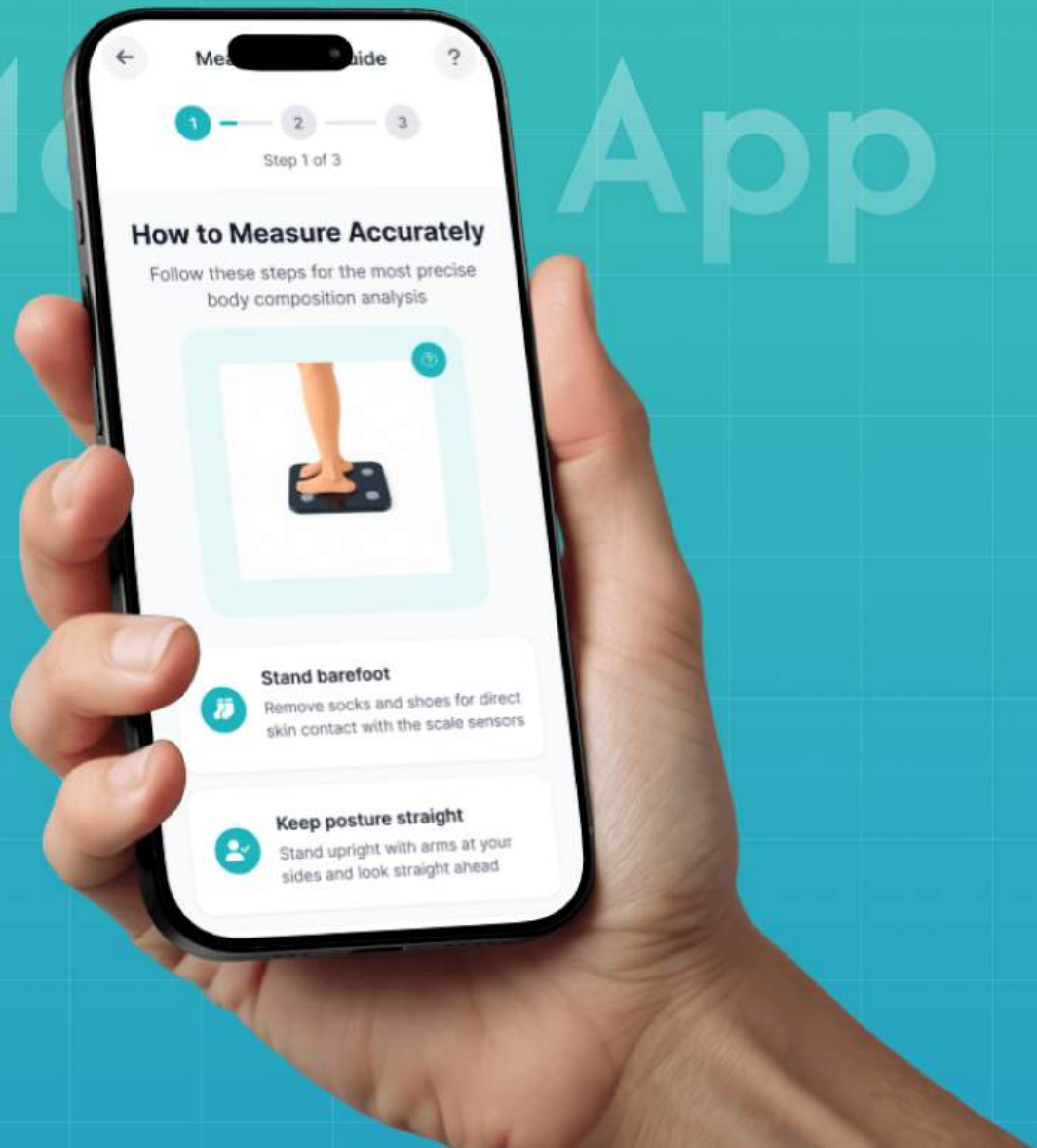
**Nutritional Information:** Display nutritional values in food items.

**User Engagement:** Send Feedback, Write a review, Share this App.

**Calculators:** BMI, Weight to height ratio, Body Fat Percentage, BMR.

**In-Office Sheet Features:** Registration, Multi-lingual support, Cloud Management, Security, Logout.

# Smart Health



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